



SORRENTO
RETIREMENT RESIDENCE



OCTOBER NEWSLETTER

SORRENTO SCOOP

LIFE AT SORRENTO



September was full of Crafts and Activities

Sorrento Residents had a great time keeping their hands busy with a variety of September themed crafts.

Here are some pictures of all the fun we had.

LIFE AT SORRENTO



Food Demos

Sorrento Residents are so wise and love to share their knowledge. Residents had the opportunity to take part in making goodies such as Crostata, Polish Crepes, Pizzelle, Chocolate Covered Strawberries, homemade Granola, Chocolate Zucchini Cake, and No Bake Snowballs. Our second floor residents also enjoy their time in the kitchen as they have made a Layered Taco Dip, Greek Salad Dressing, and Chocolate Covered Fruit.

There is truly never a dull moment at Sorrento!

LIFE AT SORENTO



Special Events: Entertainment

Special events are a great way to bring people together.

Here are some pictures of all the fun we had during our Special events.

Things to keep an eye out for...

SORRENTO CELEBRATES

Sorrento Celebrates: Masquerade Party!
Join us on October 31st from 2:30 PM to 3:30 PM
as we celebrate the special days of October in style!
Come dressed in your favorite mask or costume
Enjoy music, snacks and festive fun
Celebrate the spirit of the season with us!
Let's make it a magical afternoon to remember!



PORT OF CALL: COSTA RICA

Come Join Us for a Taste of Costa Rica
Experience the vibrant culture of Port of Call: Costa Rica right here at Sorrento!
Enjoy tropical fun and flavor:
• Sample authentic Costa Rican cuisine at our live food demo at 2pm
• Sip on refreshing island-inspired drinks
• Learn basic Spanish dance moves and phrases
Don't miss this exciting cultural celebration—pura vida awaits!



OUTINGS

Join us on our weekly outing for shopping to Walmart every Wednesday From 10am to 11:45am
• October 9th Apple picking Outing to Downey's Farm from 10:00am to 12:00pm
Sign-up is required to be sure to talk to Recreation or Concierge to secure your spot.



OKTOBERFEST OPEN HOUSE

Join us on Friday, October 3rd from 2:00 PM to 3:30PM for an afternoon of festive fun and a taste of the luxury lifestyle Sorrento has to offer!
Enjoy live Polka Music, Interactive activities, snacks & refreshments
Don't miss out on this celebration — we can't wait to see you there!



SORRENTO CELEBRATES CALEDON CULTURE DAY

Come join us on October 10th from 11am to 4pm where we are
• Showcasing Artwork from Galleria in Venice
• Display of Vintage Italian vehicles
• Paint & sip w/ Maria from 2pm to 3pm (RSVP required)



SORRENTO'S FALL MARKET

Join us on Friday October 24th from 10am to 2pm for our Fall Market
Meet a variety of vendors and enjoy the opportunity to shop unique products and seasonal finds and participate in fun interactive Activities



Vendor List:



- Gofers Diamond w/ Diana on October 6th from 3pm to 6pm
- Atelier of color by Iryna on October 23rd from 11am to 4pm



Service Providers

Don't forget about all of our amazing additional services that we provide. If you would like an appointment with any of the below Service Providers be sure to book your appointment through Concierge in advance.

Hair - Anthony Avola

- Wednesday's (9AM- 4PM)

Hearing - Hear Well Be Well

- Thursday, October 16th (1PM- 4:00PM)

Footcare - Family Footcare

- Monday, September 20th (9AM- 4:00PM)

Dentist - The Smile Room

- Every three months - Next visit will be on November 21st (9:00am -4:00pm)

Doctor

- Thursdays (9AM-12PM)
- (Book your appointment with the Nurse on Duty)

"October"

"October Paint" by Carl Sandburg

October paint is made of:

- Sun and the smell of smoke.
- The dry rustle of dead leaves.
- Fire and the wind's low hum.
- The rich brown earth turned to earth.
- The sweet, sharp tang of the orchard.



FLOWER OF THE MONTH

Why Are There Two Birth Flowers Per Month? You'll notice that some months have two birth flowers. Not all cultures agree on which flowers correspond to which months, plus some flowers simply aren't as available in different regions. Listed is the most traditional primary flower as well as a secondary flower when there is one.



Marigold

Symbolizes Passion, creativity, warmth, strength, resilience, and prosperity.



Cosmos

Symbolizes Order, peace, harmony, and innocence.



September 23-
October 22

Libra Personality Traits

Strengths: They are diplomatic and have a strong mind. They have a great ability to solve big conflicts and build harmonious relationships.
Weaknesses: They are indecisive, and avoid confrontation when it comes to confess love.
Likes: Libras like harmony, social interactions, beauty, and fairness
Dislikes: they dislike violence, injustice, confrontations, and disorder



October 23-
November 21

Scorpio Personality Traits

Strengths: Scorpio strengths include passion, determination, loyalty, and deep intuition, allowing them to be insightful, perceptive, and selective about relationships.
Weaknesses: They're possessive, intimidating, defensive and they get jealous easily.
Likes: Depth and Intensity, Transformation and Growth, Power and Control, Luxury and Beauty
Dislikes: They dislike Superficiality, Betrayal and Deception, Loss of Control, Mediocrity

SPECIAL EVENTS

****Sign up is required****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		01 Shopping to Walmart (#1 Bus - 10am to 11:30am) (#2 Bus 10:15am to 11:45am)	02 6:30 pm Evening Entertainment w/ Carmen	03 11:15am Tech Workshop *Sign up* 2:30pm Oktoberfest	04 Fitness class 10:30am 2:00pm Bingo	05 11:15AM Spiritual Activity
06 2pm Bingo 3:30pm Active Games	07 11:15am Tech Workshop 2:00 pm Sing Along	08 Shopping to Walmart (#1 Bus - 10am to 11:30am) (#2 Bus 10:15am to 11:45am)	09 6:30 pm Evening Entertainment w/ Antonella	10 11:15am Tech Workshop *Sign up* 11am to 5pm Sorrento celebrates Caledon culture Day	11 Fitness class 10:30am 2:00pm Bingo	12 11:15AM Spiritual Activity
13 2pm Bingo 3:30pm Active Games	14 11:15am Tech Workshop 2:15pm Resident Townhall Meeting	15 Shopping to Walmart (#1 Bus - 10am to 11:30am) (#2 Bus 10:15am to 11:45am)	16 6:30 pm Evening Entertainment w/ Fortunato G.	17 2:00pm Port of call: Costa Rica (2pm to 4pm)	18 Fitness class 10:30am 2:00pm Bingo	19 11:15am Special spiritual activity
20 2pm Bingo 3:30pm Active Games	21 11:15am Tech Workshop 2:00pm DIY mask making for masquerade Party	22 Shopping to Walmart (#1 Bus - 10am to 11:30am) (#2 Bus 10:15am to 11:45am)	23 6:30 pm Evening Entertainment w/ Carla	24 10am to 2pm Fall Market	25 Fitness class 10:30am 2:00pm Bingo	26 11:15am Special spiritual activity
27 2pm Bingo 3:30pm Active Games	28 11:15am Tech Workshop *Sign up* 2:00pm Sing A long	29 Shopping to Walmart (#1 Bus - 10am to 11:30am) (#2 Bus 10:15am to 11:45am)	30 6:30 pm Evening Entertainment w/ Viviana	31 2:30pm Sorrento Celebrates themed Masquerade party w/ Josie & Nick		



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