



SORRENTO
RETIREMENT RESIDENCE



NOVEMBER NEWSLETTER

SORRENTO

SCOOP

LIFE AT SORRENTO



October was full of Crafts and Activities

Sorrento Residents had a great time keeping their hands busy with a variety of October themed crafts.

Here are some pictures of all the fun we had.

LIFE AT SORRENTO



Food Demos

Sorrento Residents are so wise and love to share their knowledge. Residents had the opportunity to take part in making goodies such as Crostata, Polish Crepes, Pizzelle, Chocolate Covered Strawberries, homemade Granola, Chocolate Zucchini Cake, and No Bake Snowballs. Our second floor residents also enjoy their time in the kitchen as they have made a Layered Taco Dip, Greek Salad Dressing, and Chocolate Covered Fruit.

There is truly never a dull moment at Sorrento!

LIFE AT SORRENTO



Special Events: Entertainment

Special events are a great way to bring people together.

Here are some pictures of all the fun we had during our Special events.

Things to keep an eye out for...

SORRENTO CELEBRATES

Sorrento Celebrates:
Special Days of
November along with
live entertainment with
Josie & Nick on
November 27th from
6:45pm to 7:45pm



CAPPUCCINO DAY CELEBRATION

Celebrate Cappuccino Day with Us
Friday, November 7th
Join us for an afternoon of fun, flavor, and music!
☞ Sing-Along starts at 2:00 PM
Followed by a cozy Cappuccino-Making Showcase
Enjoy delicious homemade cappuccino and sweet
goodies!
Bring your friends and your love for coffee—see you
there!



OUTINGS

Join us on our weekly outing for shopping to
Walmart every Wednesday From 9:45am to
11:15am

- November outing to Grace Textiles
from 2pm to 4pm
Sign-up is required, please see
Recreation team to secure your spot.



SORRENTO'S FASHION SHOW

Sorrento is inviting YOU to step into the spotlight on
November 14th! Join us for a fabulous fashion show:
showcase where you and your pet can be the stars of the
show. Dress to impress, coordinate your looks, and walk the
runway together for a chance to win exciting prizes!
Whether it's glam, cute, or quirky – show off your unique
style and let your furry friend shine too.

Save the date: November 14th from 2:30pm to 3:30pm
Fashion, fun, and furry friends – all in one unforgettable
event!



SORRENTO CELEBRATES: TALENT SHOW

Join us for a fun and inspiring day where
we celebrate creativity, self-expression, and
the amazing talents within our community.
Date: November 21st, 2025 from 2:30pm to
3:30pm

Location: Fireside Lounge

☞ Open to all ages and all kinds of talents!
Find your talent. Share your passion. Be the
star that day!



SORRENTO'S HOE DOWN EVENT

Join us on Friday November 28th from
2:30pm to 3:30pm to celebrate our Hoe
Down event along with some music, snacks
& refreshments followed by Line dancing
with Diana by the Fireside Lounge.



Vendor List:

- Nelly's Comfort Shoes on November 3rd 11am to 3pm
- Classy Jewelry by Maria on November 13th from 10am
to 2pm
- Cavery Clothing Vendor on November 27th from 11am
to 4pm



Service Providers

Don't forget about all of our amazing additional services that we provide. If you would like an appointment with any of the below Service Providers be sure to book your appointment through Concierge in advance.

Hair - Anthony Avola

- Wednesday's (9AM- 4PM)

Hearing - Hear Well Be Well

- Thursday, November 20th (1PM- 4:00PM)

Footcare - Family Footcare

- Monday, Footcare November 10th (9AM-4:00PM)

Dentist - The Smile Room

- Every three months - Next visit will be on November 21st (9:00am -4:00pm)

Doctor

- Thursdays (9AM-12PM)
- (Book your appointment with the Nurse on Duty)

"November"

"No sun - no moon!
 No morn - no noon -
 No dawn - no dusk - no
 proper time of day.
 No warmth, no
 cheerfulness, no healthful
 ease,
 No comfortable feel in any
 member -
 No shade, no shine, no
 butterflies, no bees,
 No fruits, no flowers, no
 leaves, no birds! -
 November!



FLOWER OF THE MONTH

Why Are There Two Birth Flowers Per Month? You'll notice that some months have two birth flowers. Not all cultures agree on which flowers correspond to which months, plus some flowers simply aren't as available in different regions. Listed is the most traditional primary flower as well as a secondary flower when there is one.



chrysanthemum

symbolizes happiness, optimism, and fidelity



peony

Symbolizes prosperity, romance, and a happy life



October 23-
November 21

Scorpio Personality Traits

Strengths: Scorpio strengths include passion, determination, loyalty, and deep intuition, allowing them to be insightful, perceptive, and selective about relationships.

Weaknesses: They're possessive, intimidating, defensive and they get jealous easily.

Likes: Depth and Intensity, Transformation and Growth, Power and Control, Luxury and Beauty

Dislikes: They dislike Superficiality, Betrayal and Deception, Loss of Control, Mediocrity



November 22-
December 21

Sagittarius Personality Traits

Strengths: They are optimistic, adventurous, generous, honest, and philosophical

Weaknesses: They are impatience, bluntness, a fear of commitment, and a tendency toward over-optimism or over-promising

Likes: They Like Freedom, travel, philosophy, being outdoors

Dislikes: they dislike Clingy people, being constrained, off-the-wall theories

SPECIAL EVENTS

****Sign up is required****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					01 Fitness class 10:30am 2:00pm Bingo	02 11:15AM Spiritual Activity
03 2pm Bingo 3:30pm Active Games	04 11:15am Tech Workshop 2:00 pm Sing Along	05 Shopping to Walmart (9:45am to 11:15am) Sign up w/ Recreation	06 6:45pm Evening Entertainment w/ Carmen S.	07 2:00pm Sing along & Cappuccino Day celebration	08 Fitness class 10:30am 2:00pm Bingo	09 11:15AM Spiritual Activity
10 2pm Bingo 3:30pm Active Games	11 2:15pm Resident Townhall Meeting	12 Shopping to Walmart (9:45am to 11:15am) Sign up w/ Recreation	13 6:45 pm Evening Entertainment w/ Tristan	14 2:30pm Fashion Show (For more information, please see calendar)	15 Fitness class 10:30am 2:00pm Bingo	16 11:15am Special spiritual activity
17 2pm Bingo 3:30pm Active Games	18 11:15am Tech Workshop 2:00pm Special Italian Movie Matinee	19 Shopping to Walmart (9:45am to 11:15am) Sign up w/ Recreation	20 6:45 pm Evening Entertainment w/ Aldo C.	21 2:30pm Talent Show (For more information, please see calendar)	22 Fitness class 10:30am 2:00pm Bingo	23 11:15am Special spiritual activity
24 2pm Bingo 3:30pm Active Games	25 11:15am Tech Workshop *Sign up* 2:00pm Art Workshop	26 Shopping to Walmart (9:45am to 11:15am) Sign up w/ Recreation	27 6:45 pm Sorrento celebrates special days & Evening Entertainment w/ Josie & Nick	28 2:30pm Sorrento Celebrates Hoe Down event along w/ Line Dancing	29 Fitness class 10:30am 2:00pm Bingo	30 11:15am Special spiritual activity



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