



SORRENTO
RETIREMENT RESIDENCE



MAY NEWSLETTER

SORRENTO SCOOP



LIFE AT SORRENTO



April was full of Crafts and Activities

Sorrento Residents had a great time keeping their hands busy with a variety of April themed crafts.
Here are some pictures of all the fun we had.

LIFE AT SORRENTO



Food Demos

Sorrento Residents are so wise and love to share their knowledge. Residents had the opportunity to take part in making goodies such as Cinnamon Buns, Tea Cookies, Pizzelle, Chocolate Covered Strawberries, homemade Granola, Crostata, Chocolate Zucchini Cake, and No Bake Snowballs. Our second floor residents also enjoy their time in the kitchen as they have made a Layered Taco Dip, Greek Salad Dressing, and Chocolate Covered Fruit.

There is truly never a dull moment at Sorrento!



LIFE AT SORRENTO



Special Events: Entertainment

Special events are a great way to bring people together.

Here are some pictures of all the fun we had during our Special events.



Things to keep an eye out for...

NAIL POLISH & MINI HAND MASSAGE

Join us on May 2nd from 2:00pm to 3:30pm to get mini hand massage/ Nail polish in P1 Spa



PORT OF CALL: POLAND

Come join us on May 16th @2pm for Polish themed food demo and @3pm Polka music w/ refreshments



OUTINGS

Join us on our weekly outing for shopping Every Wednesday From 10am to 12pm



- Grace Textiles on May 6th from 2:00pm to 4:00pm
 - Dinner Outing to Wishbone restaurant on May 13th From 4pm to 5:30pm
 - Outing to Glen Echo Nurseries on May 20th from 2pm to 4pm
- Sign-up is required to be sure to talk to Recreation or Concierge to secure your spot.

ART CLASSES OF THE MONTH

- May 12th Appreciation Card Making at 2pm
- May 19th Fascinator Making for High Tea at 2pm
- May 26th Great Gatsby DIY Head Band 2pm



DANCE CLASS W/ DIANA

Come and join us for the Dance classes w/ Diana on May 7th and 21st at 3:45pm in the theatre



MOTHER'S DAY BRUNCH

Come join us on May 11th from 11:45am to 2:00pm for Mother's day special Brunch w/ Live entertainemt



BRIDGERTON THEMED HIGH TEA

Join us on May 23rd from 2:30pm to 3:30pm for our Bridgerton themed High tea w/ Live violinist



Vendor List:

- Fifth Avenue Jewelry on May 21st From 10am to 2pm
- Nelly's Comfort Shoes on May 27th from 11am to 3pm



Service Providers

Don't forget about all of our amazing additional services that we provide. If you would like an appointment with any of the below Service Providers be sure to book your appointment through Concierge in advance.

Hair - Anthony Avola

- Wednesday's (9AM- 4PM)

Hearing - Hear Well Be Well

- Thursday, May 15th (1PM-4:00PM)

Footcare - Family Footcare

- Monday, May 12th (9AM-3:20PM)

Dentist - The Smile Room

- Every three months - Next visit will be on May 2nd (9:30am -4:30pm)

Doctor

- Mondays (9AM-12PM)

(Book your appointment with the Nurse on Duty)

May-flower

*Pink, small, and punctual,
Aromatic, low,
Covert in April,
Candid in May,*

*Dear to the moss,
Known by the knoll,
Next to the robin
In every human soul.*

*Bold little beauty,
Bedecked with thee,
Nature forswears
Antiquity.*



FLOWER OF THE MONTH

Why Are There Two Birth Flowers Per Month? You'll notice that some months have two birth flowers. Not all cultures agree on which flowers correspond to which months, plus some flowers simply aren't as available in different regions. Listed is the most traditional primary flower as well as a secondary flower when there is one.



Lily of the valley

A symbol of purity, joy, love, sincerity, happiness and luck.



Hawthorn

symbolize love, hope, protection, and fertility



April 20 -
May 20

Taurus Personality

Traits

Strengths: Taurus individuals are characterized by their reliability, practicality, and appreciation for beauty.
Weaknesses: They need to be mindful of their stubborn streak.
Likes: music, gardening, greenery, romance, finest things, nature, books, philosophy, solitude, sensible talks, peace
Dislikes: changes, insecurity, small talks, arguments, boasting, being in lime light, social attention.



May 21 -
June 20

Gemini Personality

Traits

Strengths: they're adaptable, outgoing, and intelligent—there's never a dull moment with a Gemini..
Weaknesses: they're indecisive, impulsive, unreliable, and nosy—be careful
Likes: Geminis generally like intellectual stimulation, variety, communication, and socializing.
Dislikes: They dislike monotony, stagnation, and being alone.

SPECIAL EVENTS

****Sign up is required****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			01 6:30 pm Evening Entertainment	02 11:15am Tech Workshop *Sign up* 2pm to 3:30pm Nail polish/ Mini hand massage	03 10:30am Walking club *Self-directed* 2:00pm Billiard's w/ concierge	04 11:15AM Spiritual Activity
05 2:30pm Port of Call: Mexico (Cinco de Mayo celebration)	06 11:15am Tech Workshop 2:00pm outing Grace Textiles *Sign up*	07 10:00am Shopping to Giant Tiger	08 6:30 pm Evening Entertainment	09 11:15am Tech Workshop *Sign up* 2:00 pm Food Demo *Details to be posted*	10 Fitness class 10:30am 2:30pm Bingo	11 11:15AM Spiritual Activity
12 2:00pm Art Workshop: Card Making *Sign up*	13 11:15am Tech Workshop 4:00pm outing Wishbone Restaurant *Sign up*	14 Shopping to Walmart (10am to 12pm)	15 6:30 pm Evening Entertainment	16 2:30pm Port of Call: Poland (Live Music, snacks & refreshments)	17 Fitness class 10:30am 2:30pm Bingo	18 11:15am Special spiritual activity
19 2:00pm Art Workshop: Fascinator Makaing *Sign up*	20 11:15am Tech Workshop 2:00pm Trip to Glen Echo Nurseries *Sign up*	21 Shopping to Walmart (10am to 12pm)	22 6:30 pm Evening Entertainment	23 2:30pm Bridgerton themed High Tea w/ Live violinist	24 Fitness class 10:30am 2:30PM Bingo	25 11:15am Special spiritual activity
26 2:00pm Art Workshop: DIY Great Gatsby Head bands *Sign up*	27 11:15am Tech Workshop *Sign up* 2:00pm Gardening Hours	28 Shopping to Fortino's Plaza (10am to 12pm)	29 6:30 pm Evening Entertainment	30 2:30pm Sorrento Celebrates Roaring 20s w/ DJ	31 Fitness class 10:30am 2:30pm Smile day Bingo	



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