



SORRENTO
RETIREMENT RESIDENCE



MARCH NEWSLETTER

SORRENTO

SCOOP

LIFE AT SORRENTO



March was full of Crafts and Activities

Sorrento Residents had a great time keeping their hands busy with a variety of February themed crafts.

Here are some pictures of all the fun we had.

LIFE AT SORRENTO



Food Demos

Sorrento Residents are so wise and love to share their knowledge. Residents had the opportunity to take part in making goodies such as Cinnamon Buns, Tea Cookies, Pizzelle, Chocolate Covered Strawberries, homemade Granola, Crostata, Chocolate Zucchini Cake, and No Bake Snowballs. Our second floor residents also enjoy their time in the kitchen as they have made a Layered Taco Dip, Greek Salad Dressing, and Chocolate Covered Fruit.

There is truly never a dull moment at Sorrento!



LIFE AT SORRENTO



Special Events: Entertainment

Special events are a great way to bring people together.

Here are some pictures of all the fun we had during our Special events.



Things to keep an eye out for...

RENAISSANCE FAIR

Join us on March 7th at 2:30pm by the Fireside Lounge to enjoy Live entertainment, Wine & cheese pairing & to play a fun game



SORRENTO CELEBRATES

Come join us on March 28th @3:00pm by the Bar w/ Live entertainment by DJ Saverio



OUTINGS

Join us on our weekly outing to Walmart Every Wednesday From 10am to 12pm



- 5 Pin Bowling Outing on March 13th from 2:00pm to 4:00pm
- Landmark Outing on March 18th *Details TBD*
- Sign-up is mandatory so be sure to talk to Recreation or Concierge to secure your spot.

ZAPPOLE MAKING W/ FRANK

On March 19th From 2:00pm to 3:00pm come join us for Zappole Making w/ Frank in Mamma Mia's Kitchen



DANCE CLASS W/ DIANA

Come and join us for the Dance classes w/ Diana on March 5th and 26th @3:45pm in the Gym



PREVENTATIVE MAINTENANCE WORKSHOP W/ HELP MOBILITY

On March 4th from 2:00pm to 4:00pm we have help mobility coming over and if you have any issues or concerns with your mobility devices (i.e. walkers, canes, etc.) please sign up at concierge.



1970S DISCO DRESS UP PARTY

Join us on March 27th from 3:45pm to 7:30pm for 1970s Disco dress up party and for Pizza and live entertainment where you can invite your families and friends.



Vendor List:

- Sonita's Jewellery on March 11th From 11am to 4pm
- Fifth Avenue Jewellery on March 20th from 11am to 3pm



Service Providers

Don't forget about all of our amazing additional services that we provide. If you would like an appointment with any of the below Service Providers be sure to book your appointment through Concierge in advance.

Hair - Anthony Avola

- Monday's & Wednesday's (9AM-4PM)

Hearing - Hear Well Be Well

- Thursday, March 20th (1PM-4:30PM)

Footcare - Family Footcare

- Monday, March 17th (9AM-3PM)

Dentist - The Smile Room

- Every three months - Next visit will be on May 2nd (9:30am -4:30pm)

Doctor

- Monday & Wednesday's (9AM-12PM)

Winds of March

Winds of March,

We welcome you.

There is work for you to do.

Work and play

and blow all day.

Blow the winter cold away!



FLOWER OF THE MONTH

Why Are There Two Birth Flowers Per Month? You'll notice that some months have two birth flowers. Not all cultures agree on which flowers correspond to which months, plus some flowers simply aren't as available in different regions. Listed is the most traditional primary flower as well as a secondary flower when there is one.



Daffodils

The daffodil symbolizes renewal, hope, and new beginnings, often representing the arrival of spring and the promise of positive change.

Jonquils

symbolise forgiveness and a desire for affections to be reciprocated. Jonquils also symbolise creativity, success, rebirth and renewal, just like daffodils..

Pisces Personality

Traits

Strengths: They are imaginative, creative, kind, supportive, people-smart, emotional and intelligent
Weaknesses: They can be particularly sensitive to criticism.
Likes: They are boundless and like to spend time with themselves in solitude
Dislikes: They don't like to show off their skills and talents openly.



February 19 -
March 20

Aries Personality

Traits

Strengths: are bold, energetic, full of vitality, charismatic, fun, lively, passionate, and driven by their hearts and desires..
Weaknesses: Aries are very impatient and cannot wait for longer to let things happen and this way they miss out on opportunities.
Likes & Dislikes: While Aries like competition, they don't like to play games



March 21 -
April 20

